

ASHLAND HIGH SCHOOL & M I D D L E S C H O O L MENU

December 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				¹ Pancakes (V) Hash Browns Sausage Vermont Maple Syrup
⁴ Pork Carnitas Fajita (V) Onions, Peppers and Cheese Mexican Rice Jalapeno Corn	⁵ Clocker Favorite! Buffalo Chicken Dip with (V) Veggie Sticks and Tortilla Chip	⁶ Saucy Meatballs or Veggie Meatballs (V) and Pasta Roasted Zucchini Bread Stick	⁷ Pizza Party! (V)	⁸ Sloppy Joe's Smiley Fries Green Beans
¹¹ Kayem Lite Hot Dog On a Bun Or All Beef Hot Dog Baked Beans Carrot Coins	¹² Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans	¹³ Chicken Tortellini Alfredo Garlicky Broccoli Bread Stick	¹⁴ Pizza Party! (V)	¹⁵ Grilled Cheese Sandwich Tomato Soup (V)
¹⁸ Hamburger, Cheeseburger, Veggie Burger (V) Pasta Salad	¹⁹ Crispy Chicken Tenders Mashed Potatoes Corn Gravy & Dinner Roll	²⁰ Marvelous Mac N' Cheese with Peas (V)	²¹ Pizza Party! (V)	²² Dutch Waffles (V) Sausage, Home Fries Strawberry Compote)
²⁵ No School Winter Vacation	²⁶ No School Winter Vacation	²⁷ No School Winter Vacation	²⁸ No School Winter Vacation)	²⁹ No School Winter Vacation

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.

- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.
- To translate this menu, upload it to deepl.com.